

# 1996 Girls True Team Class A State

National Sports Center, Blaine, Minnesota - May 18, 1996

**TEAM SCORES:** Pierz 430, Holdingford 389.5, Hlol 336, United South Central 326, Pelican Rapids 323, Paynesville 284, Lake City 230.5, Red Lk County 223, Tri-County/Bgmr 219.

## 100 Meter Dash

1 Kelli Haar, 11, Hlol	12.96
2 Christy Wentland, 10, Holdingford	13.21
3 Sarah Sauer, 12, Pelican Rapids	13.27
4 Kris Sander, 12, United South Central	13.29
5 Kelly Loidolt, 10, Pierz	13.36
6 Jessica Soberg, 8, Pelican Rapids	13.46
7 Tiffany Rausch, 8, Paynesville	13.53
8 Leah Meyer, 10, Holdingford	13.58
9 Janelle Madsen, 7, Hlol	13.64
10 Missy Johnson, 10, United South Central	13.74
11 Erika Vettleson, Red Lk County	13.78
12 Courtney Karsch, 9, Paynesville	13.79
13 Tanya Gall, 12, Pierz	13.80
14 Tanya Kujava, 8, Tri-County/Bgmr	13.96
15 Val Plote, 10, Lake City	14.01
16 Jessica Johnson, 7, Lake City	14.02
17 Amanda Spong, Red Lk County	14.13
18 Bekah Jones, 10, Tri-County/Bgmr	14.51

## 200 Meter Dash

1 Kelli Haar, 11, Hlol	26.34
2 Kris Sander, 12, United South Central	27.02
3 Kelly Loidolt, 10, Pierz	27.22
4 Christy Wentland, 10, Holdingford	27.24
5 Sarah Sauer, 12, Pelican Rapids	27.51
6 Tiffany Rausch, 8, Paynesville	27.53
7 Merri Reese, 9, Tri-County/Bgmr	27.96
8 Jenny Brekkestran, Red Lk County	28.18
9 Val Plote, 10, Lake City	29.01
10 Jamie Evenson, 12, Pelican Rapids	29.03
11 Kara Reese, 12, Tri-County/Bgmr	29.35
12 Becky Perreault, Red Lk County	29.41
13 Rachel Madsen, 12, Hlol	29.56
14 Trica Ebent, 11, Holdingford	29.65
15 Liz Bergin, 12, Lake City	30.13
16 Laura Johnson, 10, United South Central	30.31
17 Jenny Wendlandt, 10, Paynesville	31.20

## 400 Meter Dash

1 Kris Sander, 12, United South Central	60.74
2 Tiffany Rausch, 8, Paynesville	62.24
3 Christy Wentland, 10, Holdingford	62.49
4 Laurie Peterson, 12, United South Central	62.64
5 Merri Reese, 9, Tri-County/Bgmr	62.82
6 Kari Gross, 11, Pierz	63.21
7 Kelly Loidolt, 10, Pierz	63.76
8 Paula Leyendecker, 9, Paynesville	64.52
9 Kara Reese, 12, Tri-County/Bgmr	64.69
10 Tami Tunland, 9, Hlol	64.89
11 Beth Barbot, Red Lk County	65.52
12 Katie Stoltz, 9, Lake City	65.56
13 Jamie Evenson, 12, Pelican Rapids	65.67
14 Angie Albers, 11, Lake City	65.94
15 Heather Hanson, Hlol	66.83

16 Annie Meier, 9, Holdingford	67.58
17 Nancy Longfors, 8, Pelican Rapids	68.28
18 Lindsay Vettleson, Red Lk County	69.93

## 800 Meter Run

1 Christal Wynnemer, 9, Holdingford	2:23.01
2 Amanda Gall, 9, Pierz	2:25.02
3 Mindy Stadler, 10, Pelican Rapids	2:25.63
4 Danielle Damm, 10, Hlol	2:27.90
5 Alissa Bruss, 12, United South Central	2:29.57
6 Marie Tax, 10, Pierz	2:30.40
7 Paula Leyendecker, 9, Paynesville	2:31.69
8 Sarah Mutschler, 11, United South Central	2:34.62
9 Leah Popp, 9, Holdingford	2:38.21
10 Tricia Willet, Red Lk County	2:40.43
11 Tabetha Blazek, 7, Tri-County/Bgmr	2:41.16
12 Amanda Ostgulen, 10, Lake City	2:41.36
13 Jessica Zellar, 7, Hlol	2:41.86
14 Shannon Valley, Red Lk County	2:43.97
15 Rachel Blazejewski, 10, Tri-County/Bgmr	2:44.10
16 Marsha Thoe, 8, Lake City	2:44.12
17 Carin Frenchick, 8, Paynesville	2:44.13
18 Dana Bowers, 11, Pelican Rapids	2:45.88

## 1600 Meter Run

1 April Maine, 11, Holdingford	5:12.34
2 Mindy Stadler, 10, Pelican Rapids	5:19.30
3 Nicole Millner, 12, Pierz	5:23.59
4 Megan Moerke, 12, Pelican Rapids	5:30.39
5 Stacey Gall, 9, Pierz	5:40.27
6 Leah Popp, 9, Holdingford	5:41.10
7 Amy Arndt, 10, Hlol	5:44.32
8 Alicia Willette, 8, United South Central	5:44.37
9 Erin Agesen, 8, Paynesville	5:46.71
10 Amanda Lieser, 11, Paynesville	5:47.07
11 Jolene Solheim, Red Lk County	5:48.41
12 Carie Fuhrman, 8, Lake City	5:49.18
13 Jessica Zellar, 7, Hlol	5:53.08
14 Desi Cummins, 9, Tri-County/Bgmr	5:56.85
15 Tessa Pierson, 10, Lake City	6:05.13
16 Kim Mueller, 10, United South Central	6:07.66
17 Karey Krantz, 12, Tri-County/Bgmr	6:31.49
18 Jenny Larson, Red Lk County	6:31.52

## 3200 Meter Run

1 April Maine, 11, Holdingford	11:36.77
2 Megan Moerke, 12, Pelican Rapids	12:04.07
3 Nicole Millner, 12, Pierz	12:20.44
4 Jessica Fiedler, 11, Pierz	12:31.46
5 Krla Rengstorf, Pelican Rapids	12:35.48
6 Vanessa Popp, 11, Holdingford	12:38.19
7 Amanda Lieser, 11, Paynesville	12:41.04
8 Alicia Willette, 8, United South Central	12:44.76
9 Amy Arndt, 10, Hlol	12:44.81
10 Katie Fuhrman, 10, Lake City	12:51.70

11 Erin Aagesen, 8, Paynesville	12:55.59
12 Beth Sexton, 10, Lake City	13:02.48
13 Kim Lohse, 7, Hlol	13:21.36
14 Desi Cummins, 9, Tri-County/Bgmr	13:26.98
15 Jessica Spong, Red Lk County	13:35.24
16 Lynnae Willette, 10, United South Central	13:46.40
17 Erika Matzke, Red Lk County	13:48.44
18 Larissa Holm, 7, Tri-County/Bgmr	15:05.78

#### 100M High Hurdles

1 Shannon Van Norman, 11, Pelican Rapids	16.78
2 Laura Jacobs, 11, United South Central	16.87
3 Steph Tangen, 11, Paynesville	16.93
4 Michelle Stanaert, 12, Holdingford	17.27
5 Amy Dombrowski, 8, Holdingford	17.31
6 Siri Folland, 9, Tri-County/Bgmr	17.48
7 Heidi Stumpf, 10, Pierz	17.63
8 Carrie Hussong, 10, Hlol	17.69
9 Kelli Hofstad, Red Lk County	17.83
10 Tracy Madsen, 11, Hlol	18.00
11 Nicole Orbeck, 11, Paynesville	18.11
12 Polly Rabe, 11, Lake City	18.12
13 Juliekasper, 9, Pierz	18.19
14 Tanya Morinville, Red Lk County	18.66
15 Jennifer Fjosne, 8, Tri-County/Bgmr	18.79
16 Karen Bakken, 11, United South Central	18.88
17 Nancy Longfors, 8, Pelican Rapids	18.93
18 Sara Bremer, 12, Lake City	20.27

#### 300M Low Hurdles

1 Amy Dombrowski, 8, Holdingford	47.84
2 Laura Jacobs, 11, United South Central	48.69
3 Steph Tangen, 11, Paynesville	49.67
4 Juliekasper, 9, Pierz	50.56
5 Siri Folland, 9, Tri-County/Bgmr	50.62
6 Carolyn Gall, 11, Pierz	50.78
7 Sara Skudlarek, 10, Holdingford	51.38
8 Tracy Madsen, 11, Hlol	51.44
9 Shannon Van Norman, 11, Pelican Rapids	52.56
10 Mandy Wellnitz, 10, Pelican Rapids	52.60
11 Amber Michaelis, 9, Paynesville	52.75
12 Kelli Hofstad, Red Lk County	52.77
13 Carrie Hussong, 10, Hlol	52.95
14 Polly Rabe, 11, Lake City	53.11
15 Katie Fuhrman, 10, Lake City	53.94
16 Tanya Kujava, 8, Tri-County/Bgmr	54.44
17 Karen Bakken, 11, United South Central	55.02
18 Tanya Morinville, Red Lk County	55.74

#### 4X100 Meter Relay

1 PeRa, Pelican Rapids	52.59
2 Pier, Pierz	53.29
3 Hold, Holdingford	53.39
4 Rlc, Red Lk County	53.47
5 Hlol, Hlol	53.49
6 Payn, Paynesville	54.92
7 LaCi, Lake City	54.99
8 Tcb, Tri-County/Bgmr	55.51
9 Usc, United South Central	55.64

#### 4X200 Meter Relay

1 Hlol, Hlol	1:51.32
2 Pier, Pierz	1:51.48
3 Rlc, Red Lk County	1:51.92
4 Hold, Holdingford	1:52.60
5 PeRa, Pelican Rapids	1:54.82
6 Usc, United South Central	1:56.17
7 Payn, Paynesville	1:57.91
8 Tcb, Tri-County/Bgmr	1:58.24
9 LaCi, Lake City	2:01.90

#### 4X400 Meter Relay

1 Usc, United South Central	4:11.91
2 Hold, Holdingford	4:15.19
3 Pier, Pierz	4:20.15
4 Hlol, Hlol	4:22.28
5 LaCi, Lake City	4:25.94
6 PeRa, Pelican Rapids	4:30.53
7 Tcb, Tri-County/Bgmr	4:31.64
8 Rlc, Red Lk County	4:36.63
9 Payn, Paynesville	4:37.17

#### 4X800 Meter Relay

1 Pier, Pierz	9:58.07
2 Hold, Holdingford	10:09.42
3 Rlc, Red Lk County	10:15.41
4 Hlol, Hlol	10:27.93
5 LaCi, Lake City	10:31.55
6 Payn, Paynesville	10:42.45
7 Usc, United South Central	10:45.66
8 PeRa, Pelican Rapids	10:58.15
9 Tcb, Tri-County/Bgmr	11:13.28

#### Long Jump

1 Tanya Gall, 12, Pierz	15-11
2 Kara Reese, 12, Tri-County/Bgmr	15-7 1/4
3 Angie Albers, 11, Lake City	15-7
4 Kris Sander, 12, United South Central	15-4
5 Amber Michaelis, 9, Paynesville	15-0
6 Mindy Britten, 12, Tri-County/Bgmr	14-11 3/4
7 Katie O'Neil, Red Lk County	14-10 1/2
8 Kelli Haar, 11, Hlol	14-10
9 Kelly Loidolt, 10, Pierz	14-7 1/2
10 Nicole Orbeck, 11, Paynesville	14-6 1/2
11 Trica Ebent, 11, Holdingford	14-5 1/2
12 Amy Dombrowski, 8, Holdingford	14-2 1/2
13 Liz Bergin, 12, Lake City	14-0 3/4
14 Bethany Hotzfield, 9, Pelican Rapids	14-0 1/2
15 Kayla Thompson, 7, Pelican Rapids	13-10 1/4
16 Sarah Mutschler, 11, United South Central	13-9 1/4
17 Carrie Hussong, 10, Hlol	13-8 3/4
18 Maria Austad, Red Lk County	12-8 3/4

#### Triple Jump

1 Angie Albers, 11, Lake City	34-9
2 Tanya Gall, 12, Pierz	34-6 3/4
3 Laurie Peterson, 12, United South Central	33-5 1/2
4 Mindy Britten, 12, Tri-County/Bgmr	33-2 1/2
5 Alissa Bruss, 12, United South Central	33-0 1/2
6 Jenny Brekkestran, Red Lk County	32-11
7 Leah Meyer, 10, Holdingford	32-9 1/2
8 Jill Pietruszewski, 11, Tri-County/Bgmr	32-5 1/4

9 Robin Jansky, 11, Hlol	32-1 3/4
10 Jody Emery, 8, Pelican Rapids	31-11 1/4
11 Beth Virnig, 11, Pierz	31-3
12 Carrie Hussong, 10, Hlol	30-0
13 Katie O'Neil, Red Lk County	29-9 3/4
14 Gina Benson, 9, Paynesville	29-4 1/2
15 Sara Skudlarek, 10, Holdingford	29-3 1/4
16 Polly Rabe, 11, Lake City	28-8
17 Dana Bowers, 11, Pelican Rapids	27-8 1/2
18 Sara Spanier, 10, Paynesville	26-8

Shot Put

1 Jessica Longfors, 11, Pelican Rapids	35-2
2 Anna Rye, 10, Lake City	34-7
3 Kathy Cheney, 11, Pierz	34-6 1/2
4 Robyn Purath, Red Lk County	31-7 1/2
5 Robin Jansky, 11, Hlol	31-0
6 Missy Harlander, 11, Holdingford	30-4
7 Tracey Stenzel, 12, Hlol	30-1 1/2
8 Jesse Hennen, 9, Paynesville	29-3
9 Amanda Ross, 11, Pierz	28-9 1/2
10 Danielle Courrier, 12, United South Central	28-4 1/2
11 Sarah Fowler, 11, Holdingford	28-0
12 Teresa Rodriguez, 10, Paynesville	27-8 1/2
13 Mandi Ruud, 10, Tri-County/Bgmr	27-8 1/2
14 Val Plote, 10, Lake City	27-4 1/2
15 Lisa Johnson, 9, Pelican Rapids	26-8
16 Dezi Sovde, 9, Tri-County/Bgmr	25-11
17 Melissa Birk, 12, United South Central	25-8
18 Casey Wilde, Red Lk County	25-4 1/2

Discus Throw

1 Tracey Stenzel, 12, Hlol	119-10
2 Jessica Longfors, 11, Pelican Rapids	119-9
3 Kathy Cheney, 11, Pierz	108-0

4 Robyn Purath, Red Lk County	102-0
5 Amanda Becker, 10, Pierz	100-10
6 Danielle Courrier, 12, United South Central	99-10
7 Missy Harlander, 11, Holdingford	94-7
8 Anna Rye, 10, Lake City	88-6
9 Liz Bathke, 9, United South Central	86-1
10 Mandi Ruud, 10, Tri-County/Bgmr	84-8
11 Robin Jansky, 11, Hlol	83-8
12 Teresa Rodriguez, 10, Paynesville	82-7
13 Emily Johnson, 12, Pelican Rapids	81-1
14 Sarah Fowler, 11, Holdingford	78-11
15 Bekah Jones, 10, Tri-County/Bgmr	77-8
16 Steph Tangen, 11, Paynesville	76-10
17 Jamie Heise, 12, Lake City	74-1
18 Jamie Bradock, Red Lk County	65-6

High Jump

1 Alissa Bruss, 12, United South Central	5-2
2 Shannon Van Norman, 11, Pelican Rapids	5-0
3 Kala Karst, 11, Pierz	5-0
4 Amber Michaelis, 9, Paynesville	5-0
5 Katie Stoltz, 9, Lake City	5-0
6 Gina Benson, 9, Paynesville	4-10
7 Lindsay Voss, 11, Hlol	4-10
8 Katie Ebertowski, 11, Pierz	4-10
9 Kelly Sexton, 12, Lake City	4-8
9 April Maine, 11, Holdingford	4-8
11 Christal Wynnemer, 9, Holdingford	4-8
12 Melissa Benson, 9, Hlol	4-8
13 Laurie Peterson, 12, United South Central	4-8
14 Jill Pietruszewski, 11, Tri-County/Bgmr	4-8
15 Sarah O'Neil, Red Lk County	4-6
16 Angela Nelson, Tri-County/Bgmr	4-4
17 Jocelyn Ripley, 7, Pelican Rapids	4-4
Jenny Oscarson, Red Lk County	NH